

**Tasty Tuesday - 1st Tuesday in the month**

**From 12.15pm**

Come to meet old and new friends and enjoy a freshly prepared 2 course meal. Only £5 per person to include meal (2 courses) and refreshments (BOOK IN ADVANCE)

**Camaraderie Club – 4th Tuesday in the month**

**From 12.15pm**

Veterans bringing the old, the new and the future together. A monthly lunch club for veterans offering comradeship, banter and various information and presentations of interest. £5 per person to include meal (2 courses) and refreshments. (BOOK IN ADVANCE).

**A Good Yarn - Wednesday**

**10.30am – 12.00pm**

An informal get together of like minded people who knit, stitch or crochet or who want to learn how to, or be inspired to make new work or who just want to come along to natter. DROP IN ANYTIME.

**Drop-in - Wednesday**

**10.00am – 12.00pm**

Individuals and families are invited to drop-in to receive free, confidential help and advice, no appointment needed. ELDC Wellbeing Service, Lincolnshire CVS, Lincs Training - Computer & Money Management, Healthwatch, Waterloo Housing, East Lindsey Advice Service



**Memories Matter! Dementia Café - Every Wednesday**

**2pm – 4pm**

A sociable get together for people with dementia and their carers or people who used to care for others with dementia. We can promise you a friendly atmosphere, the chance to chat, activities and refreshments.

**Fish on Friday - Friday Lunchtime**

**From 10:30am**

Come and read the papers, chat, play cards or board games and enjoy the company of others from 10:30am.

Order your fish and chips by midday on the day. Serving up from 12.30pm, stay on to catch up with old friends to 2.00pm. (NO NEED TO BOOK IN ADVANCE). £4.50 per person to include meal, refreshments and a ticket for the raffle.

**Sunday Lunch - 3rd Sunday in the month**

**From 11am**

11am Communion Service and afterwards enjoy a freshly cooked roast dinner with desert and refreshments. Lunch is served at 1pm.

Only £5.50 per person to include meal (2 courses) and refreshments (BOOK IN ADVANCE).



The Men's Shed in Louth brings men together to share skills, tools, a brew and a chat. The Shed is available to all men 18 and over. The shed is situated at Thames Street, Louth. Open on Monday, Wednesday & Friday from 10:00 to 15:00.

**Be A Friend**  
We provide trained volunteer befrienders for adults who are lonely or socially isolated  
be.a.friend@btconnect.com or  
Call Adèle Lee on 07890 629062

**Talk, Eat and Drink (T.E.D.)**  
TED in East Lindsey is a six year, Big Lottery Funded project (running April 2015 to 2021) inspired by Lincolnshire's proud food heritage, which will see older people getting out and about, becoming more involved in social activities and feeling positive about their future.

**Other Activities Organised by the Team Parish of Louth**

- Messy Church – 10am 2nd Saturday of the month with refreshments
- Café Church – 10am 4th Saturday of the month with refreshments
- Morning Prayer – Every Tuesday morning 8:30am
- Dads' Group – Activities and refreshments for Dad's and their children, 1st and 3rd Saturdays 10am organised in partnership with the Children's Centre
- Franciscans – Communion service and lunch – 2nd Monday at 11:30am

PLEASE NOTE - All activities are subject to change. Correct as of October 2016

**MONDAYS**

- Franciscans
- Modern Pilates
- Relaxation Yoga
- Children and Young People's Theatre Group
- 2nd Louth Guides

**TUESDAYS**

- Tasty Tuesday Lunch
- Camaraderie Club
- Yoga
- Morning Prayer
- Relaxation Yoga
- Addaction
- BAF Craft and singing

**WEDNESDAYS**

- Dementia Café
- Advice Drop-in
- Modern Pilates
- Louth & District Arthritis Group
- Patchwork & Quilting Group
- Mindfulness

**THURSDAYS**

- Soft Play Session
- U3A Photography
- Parkinsons' Society
- A&M Freedom Dance
- Slimming World
- 7th Louth Guides & Rangers

**FRIDAYS**

- Fish on Friday
- Addaction
- U3A Art Group

**At The Trinity Centre**

**SATURDAYS**

- Messy Church
- Café Church
- Dads' Group
- Tevah Fellowship
- Louth Area Autism Family Support Group

**SUNDAYS**

- Holy Communion
- Sunday Lunch
- Louth People's Orchestra
- Louth Strategy Games Club

**Louth Churches Together Community Food Bank**  
Churches are receiving increasing numbers of appeals for help. We need your support to stop people going hungry. The food bank can supply a food and hygiene parcel containing enough food for up to 5 days. During that time we support people and help them find longer term solutions.  
**The Community Food Bank NEEDS Your Help!**  
**01507 605803** [www.teamparishoflouth.org.uk](http://www.teamparishoflouth.org.uk)

**Trinity Centre**  
COMMUNITY • BUSINESS • LEISURE • FAITH



# HALLS AND MEETING ROOMS

The Trinity Centre offers a warm welcome to all that visit and work here. A range of businesses and other organisations regularly use the Trinity Centre including HMRC, Be A Friend, TED and many others.

The Hall and Kitchen are available to hire for private parties when available.

The Chapel is also used for Baptisms, Weddings and Funerals throughout the year.

## FOYER

On entry the Foyer provides a welcoming "meet and greet" area that can be used by all users of the centre.

## ROOM HIRE

The Centre offers excellent rooms and facilities for businesses, voluntary groups or individuals, either full time or to hire on occasions. We offer free Wi-Fi access, a lift for disabled access, good refreshment and buffet services, a full working kitchen and kitchenette.

The main hall, kitchen and worship area are all accessed from the foyer, as are the stairs and lift to the first floor rooms.

## MAIN HALL

The Main Hall is a well-lit, octagonal room which can be used by up to 120 people for receptions, parties, dances, training, concerts, lectures or conferences, and by up to 100 for a sit-down meal. We can provide staging for concerts and the hall is wired for sound with microphone points and an amplification system.

## KITCHEN

The Kitchen is fully equipped with crockery, cutlery, cooking facilities and a dishwasher. It can be booked by customers for their own use or is suitable for use by outside caterers.

## WORSHIP SPACE

The Worship Space is available for concerts or similar events and has seating for 100.

## FIRST FLOOR

There are three meeting rooms and a kitchenette. The rooms on the first floor are suitable for smaller meetings, discussions and interviews. A kitchenette with tea and coffee-making facilities is available to all users.

## MEETING ROOMS

**Room 1** will accommodate up to 18 people boardroom style but can accommodate more used as a conference room or workshop space.

**Room 3** will accommodate up to 12 people boardroom style, but can accommodate more in an alternative layout.

**Room 4** has sofas and armchairs and is suitable for up to 12 people but is only available in the evenings and at weekends.

**For bookings call:**

**01507 605803 or**

**email: [trinity@teamparishoflouth.org.uk](mailto:trinity@teamparishoflouth.org.uk)**

**The Trinity Centre** is a part of the Team Parish of Louth which includes:

**St James' Church** Open Easter to Christmas: Mon-Sat 8:30am to 4pm

Christmas to Easter: Mon, Wed & Fri 8:30am-12noon & Sat 9am-11:30am

**St Michael's Church**, Louth

**St Andrew's Church**, Stewton

**All Saints Church**, South Elkington,

**St Martin's Church**, Welton le Wold



FOYER



FOYER USED AS PARTY AREA



MAIN KITCHEN



CHAPEL



MAIN HALL



MEETING ROOM 3



MEETING ROOM 1



MEETING ROOM 4



FRONT VIEW OF THE TRINITY CENTRE